

## CHEWS Core Service Offer

### GENERAL AWARENESS TRAINING SESSIONS (For Staff and Professionals)

*1 hour 30 minute sessions. Whole school attendance required;*

- Introduction to Children and Young Persons Mental Health
- Understanding Behaviour as Communication
- Understanding Attachment Theory
- Introduction to Self-Harm
- Understanding and Supporting Anxiety
- The Teenage Brain
- Maintaining Positive Emotional Well being

Primary and Secondary option for all sessions.

Some available for Parent audience. TBC.

*Up to 1 hour 30 minutes. Minimum 15 (Primary), 30 (Secondary);*

- Mental Health Services/Pathways in Kirklees
- Making Appropriate Referrals
- Resource Sharing

### PREVENTATIVE GROUP WORK (For Students)

Up to 1 hour 30 minute sessions;

- Managing Transitions
- Anxiety
- Self-Harm

### OTHER CHEWS CORE SERVICES;

- Support through referrals
- Advice, Information and Support for Parents, Professionals and Young People
- 1-1 and Group Work Direct Support
- Peer Mentoring Service Support and Set up (Secondary Schools).
- Emotional Well Being Lead Network Meetings (half day x 3 Termly, up to 60 people).
- Half Termly Newsletter for Schools/Colleges



### FUTURE DEVELOPMENTS;

Trainings delivered in school and at Northorpe Hall from;

- Eating Disorder Team
- ASC Team
- ADHD Team

# CHEWS Paid Service Offer

## BESPOKE TRAININGS

1 hr = £55 planning, £45 delivery

½ day = £100 planning, £150 delivery

Full day = £150 planning, £250 delivery

## CONSULTATIONS

Per hour = £45 + VAT

Full day = £250 + VAT

## Examples;

Use of restorative supervision model

Internal pathway advice/structure  
EHW leadership and strategy  
development

Triage

Internal review of EH offer

Support and advice

EHW auditing

Early advice and assessment of need  
(with staff or directly with YP)

Case consultation

## FACE TO FACE SUPPORT (For students)

### 1. Counselling;

Day rate = £200 + VAT (5 hours)

½ Day = £120 + VAT (3 hours)

### 2. Emotional Health Worker